

Provider Notification: 10/06/2021

Testing Recommendations for Hepatitis C Virus Infection

Dear Providers,

The CDC has issued updated guidelines regarding the standards for screening individuals for hepatitis C. The CDC now recommends the following guidelines:

- Universal screening for all adults aged 18 years and older, except in settings where the prevalence of HCV infection (HCV PRN-positivity) is less than 0.1%
- Screening for all pregnant women during each pregnancy, except in settings where the prevalence of HCV infection (HCV RNA-positivity) is less than 0.1%
- One-time testing regardless of age or setting prevalence for people with recognized conditions or exposures:
 - People with HIV
 - People who have injected drugs and shared needles, syringes, or other drug preparation equipment, including those who injected once or a few times many years ago
 - People with selected medical conditions, including:
 - People who have received hemodialysis
 - People with persistent abnormal ALT levels
 - Prior recipients of transfusions or organ transplants, including:
 - People who received clotting factor concentrates produced before 1987
 - People who received a transfusion of blood or blood components before July 1992
 - People who were notified that they received blood from a donor who later tested positive for HCV infection
 - Children born to mothers with HCV infections
 - Health care, emergency medical, and public safety personnel after needle sticks, sharps, or mucosal exposures to HCV-positive blood
- Routine periodic testing for people with ongoing risk factors, while risk factors persist:
 - People who currently inject drugs and share needles, syringes, or other drug preparation equipment
 - People with selected medical conditions, including:
 - People who received maintenance hemodialysis
- Any person who requests hepatitis C testing should receive it, regardless of disclosure of risk, because many persons may be reluctant to disclose stigmatizing risks

For more information, please visit:

<https://www.cdc.gov/hepatitis/hcv/guidelinesc.htm>

www.Michiggan.gov/WeTreatHepC

Providers who want to be notified of new training opportunities and events should send a request to MDHHS-Hepatitis@michigan.gov

On-demand webinars, live training events, office hours and other resources for health care professionals on treating HCV, provided by the Midwest AIDS Training and Education Center (MATEC) at Wayne State University School of Medicine, Division of Infectious Diseases. To request an appointment, call (313) 962-2000, and for urgent questions (including after hours and weekends), call (313) 408-3483.

Consulting line for all health care professionals with questions about HCV treatment provided by Henry Ford health System. The consulting line operates from 8am to 5pm daily: (313) 575-0332.

Sincerely,

Provider Services
Aetna Better Health® of Michigan